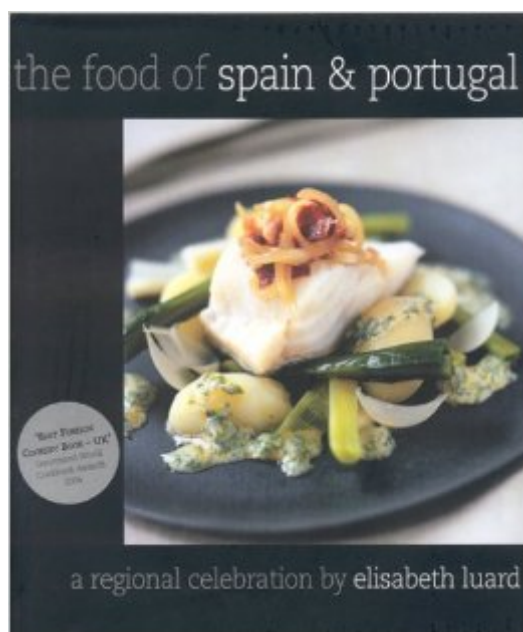


The book was found

The Food Of Spain And Portugal: A Regional Celebration



Synopsis

In 175 recipes, organized region by region, Elisabeth Luard travels from the Basque country to the southernmost tip of the Algarve coast, revealing the unique flavors of both territories.

Book Information

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Average Customer Review: 3.5 out of 5 stars [See all reviews](#) (2 customer reviews)

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Customer Reviews

'the food of spain & portugal' by Elisabeth Luard is subtitled 'a regional celebration' which is actually more appropriate than calling it a 'cookbook' or a 'book of recipes'. This does not mean it contains no recipes. It contains quite a few, which are generally very good, but the primary objective of the book is to decorate a tabletop with a survey of the foods of the various regions of the Iberian Peninsula. For American culinary book buyers, one may be hard pressed to justify the purchase of this book as we already have two major and four minor excellent books on the food and wine of Spain from Penelope Casas. One of these, 'Delicioso!' covers Spanish dishes by region, and her first book, 'The Food and Wines of Spain' covers the Spanish wine scene about as well as you can possibly want. Ms. Luard spends no time on wines except an occasional mention, especially of port and sherry. For Portugal, there is the award winning volume, 'The Food of Portugal' from leading cookbook author, Jean Anderson. Ms. Anderson makes the point in her book that there are major differences between the culinary practices of Portugal and Spain. So why do a book covering the two culinary traditions simply because they happen to be neighbors on the same peninsula. This is like doing a small book on the cuisines of (Jewish) Israel and (Christian) Lebanon because they are neighbors on the Levant, disregarding the fact that their cuisines are by necessity different due to religious background. There are several things which are good about this book, contributing to its

winning a 'Best Foreign Cookery Book -UK' award from Gourmand World. The first is that in spite of its oversized pages and excellent photography and illustrations, the book lists at \$29.95.

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